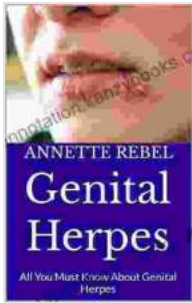


All You Must Know About Genital Herpes



Genital Herpes : All You Must Know About Genital

Herpes by Philipp Dettmer

★★★★☆ 4.4 out of 5

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Enhanced typesetting : Enabled
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What is Genital Herpes?

Genital herpes is a common sexually transmitted infection (STI) that can cause painful sores or blisters on the genitals, rectum, or mouth. It is caused by the herpes simplex virus (HSV) and can be spread through skin-to-skin contact during vaginal, anal, or oral sex.

HSV is a lifelong infection, but it can be managed with medication to reduce the frequency and severity of outbreaks.

Symptoms of Genital Herpes

The symptoms of genital herpes can vary from person to person. Some people may experience only mild symptoms, while others may have more severe outbreaks.

Common symptoms of genital herpes include:

- Painful sores or blisters on the genitals, rectum, or mouth
- Itching or burning sensation
- Swollen lymph nodes
- Fever
- Chills
- Muscle aches
- Fatigue

Outbreaks of genital herpes can be triggered by a variety of factors, including stress, illness, or hormonal changes.

Diagnosis of Genital Herpes

Genital herpes can be diagnosed with a physical exam and a blood test. The blood test can detect antibodies to the HSV virus.

Treatment of Genital Herpes

There is no cure for genital herpes, but there are medications that can help to manage the infection and reduce the frequency and severity of outbreaks.

Common medications used to treat genital herpes include:

- Acyclovir
- Valacyclovir

- Famciclovir

These medications can be taken orally or topically.

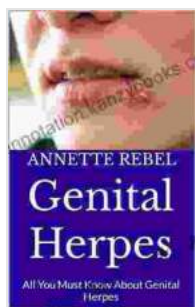
Prevention of Genital Herpes

The best way to prevent genital herpes is to abstain from sexual contact with someone who has the infection.

If you do have sexual contact with someone who has genital herpes, there are a few things you can do to reduce your risk of infection:

- Use condoms
- Get vaccinated against HSV
- Avoid sharing sex toys
- Wash your hands frequently

If you think you may have genital herpes, it is important to see a doctor right away. Early diagnosis and treatment can help to reduce the severity of symptoms and prevent complications.



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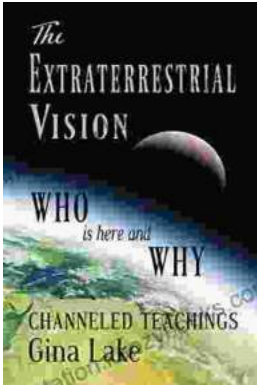
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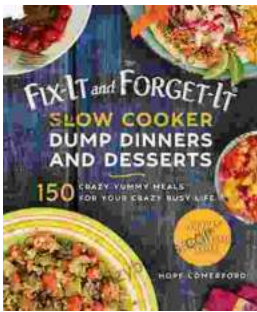
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