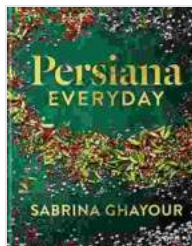


# Discover the Vibrant Flavors of the Middle East with Persiana Everyday by Sabrina Ghayour

Embark on a culinary adventure that will tantalize your taste buds and transport you to the vibrant streets of Tehran, Istanbul, and beyond with **Persiana Everyday** by Sabrina Ghayour.

This captivating cookbook is a treasure trove of over 100 authentic Middle Eastern recipes, each meticulously curated to bring the exotic flavors of the region to your kitchen. From fragrant saffron-infused dishes to savory lamb stews and mouthwatering pistachio-studded desserts, **Persiana Everyday** offers a culinary journey that will ignite your senses.



## **Persiana Everyday** by Sabrina Ghayour

★★★★☆ 4.5 out of 5

Language : English

File size : 13569 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Print length : 240 pages



## **A Culinary Guide to the Heart of the Middle East**

Sabrina Ghayour, the award-winning author and culinary expert behind the renowned Persiana restaurant in London, shares her passion for Middle Eastern cuisine in this captivating cookbook. Through her evocative

storytelling and approachable recipes, she brings the heart and soul of the region's diverse culinary traditions to your dinner table.

With *Persiana Everyday*, you'll:

- Discover the secrets of authentic Middle Eastern cooking, from spice blends to traditional techniques.
- Master over 100 tantalizing dishes, ranging from classic Persian stews to modern interpretations of street food.
- Learn the art of balancing flavors and creating dishes that harmonize exotic spices with fresh, seasonal ingredients.
- Explore the cultural traditions and culinary influences that shape the vibrant flavors of the Middle East.

### **A Feast for the Senses: Unforgettable Flavors**

*Persiana Everyday* is more than just a cookbook; it's a culinary canvas that invites you to paint bold and flavorful masterpieces. Each recipe is meticulously crafted to deliver an explosion of taste that will linger in your memory long after the last bite.

### **Immerse yourself in aromatic dishes such as:**

- Saffron-Scented Chicken with Barberries
- Spiced Lamb Kofta with Tahini Yogurt
- Fragrant Basmati Rice with Fennel and Cardamom

Indulge in sweet treats that are as visually stunning as they are delectable:

- Pistachio and Rosewater Baklava
- Honey-Drizzled Sesame Balls
- Fig and Walnut Tart with Spiced Honey Glaze

## **A Culinary Companion for Every Occasion**

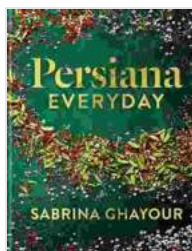
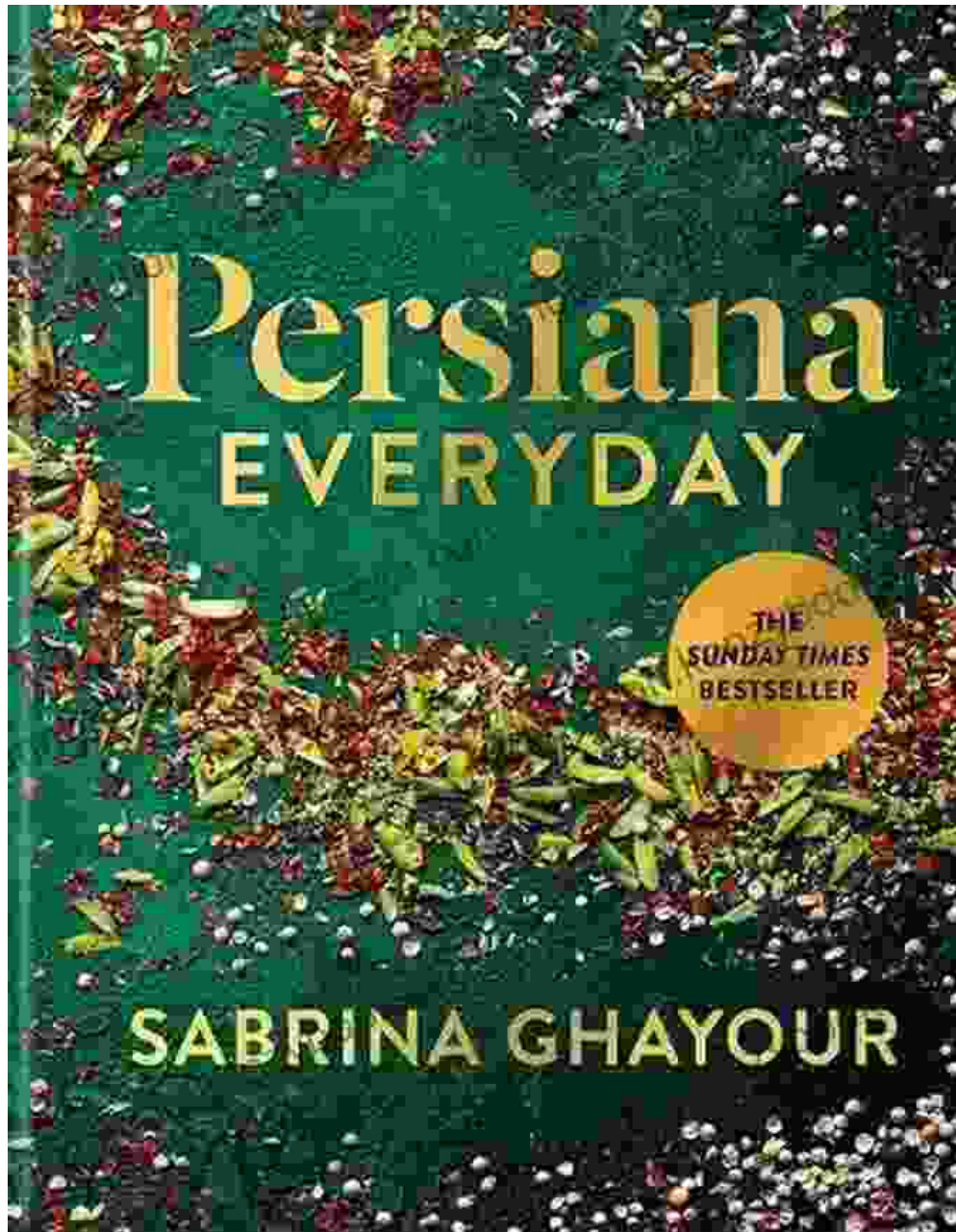
Persiana Everyday is the perfect culinary companion for any occasion, whether you're hosting a dinner party, cooking a midweek meal, or simply exploring the vibrant flavors of the Middle East. With its easy-to-follow recipes and stunning photography, this cookbook will inspire you to create mouthwatering dishes that will delight your loved ones and add a touch of exotic flair to your dining table.

## **About the Author: Sabrina Ghayour**

Sabrina Ghayour is an award-winning chef, author, and culinary visionary who has dedicated her life to sharing the vibrant flavors of Middle Eastern cuisine. With her acclaimed restaurant, Persiana, in London and her popular cookbooks, she has captivated food enthusiasts and critics alike with her innovative and approachable approach to Middle Eastern cooking.

Persiana Everyday is a reflection of Sabrina's passion for creating accessible and delicious Middle Eastern food. It's a cookbook that will inspire you to explore the diverse culinary traditions of the region and create unforgettable flavors in your own kitchen.

**Free Download your copy of Persiana Everyday today and embark on a culinary adventure that will awaken your taste buds and leave you yearning for more.**



**Persiana Everyday** by Sabrina Ghayour

★★★★☆ 4.5 out of 5

Language : English

File size : 13569 KB

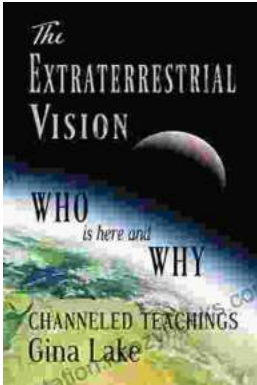
Text-to-Speech: Enabled

Screen Reader: Supported

Print length : 240 pages

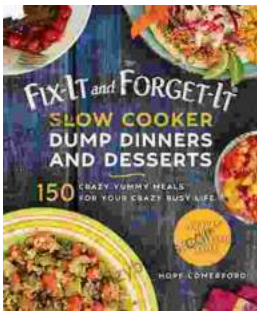
FREE

DOWNLOAD E-BOOK



## The Extraterrestrial Vision: Who Is Here and Why? Unraveling the Mysteries of Extraterrestrial Life

In the vast expanse of the universe, where countless celestial bodies dance in an intricate symphony of cosmic existence, there...



## Fix It & Forget It Slow Cooker Dump Dinners & Desserts: Your Kitchen Savior

Are you ready to revolutionize your cooking routine? Introducing Fix It & Forget It Slow Cooker Dump Dinners & Desserts, the cookbook that will...