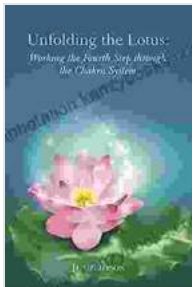


Unfolding The Lotus: Working The Fourth Step Through The Chakra System

Are you ready to take your recovery to the next level? Unfolding The Lotus: Working The Fourth Step Through The Chakra System is a groundbreaking book that offers a unique approach to working the Fourth Step of the 12-Step program.

This book combines the ancient wisdom of the chakra system with the principles of the Fourth Step to create a powerful tool for self-discovery and transformation. By working through the Fourth Step with the chakras, you will gain a deeper understanding of yourself, your motivations, and your relationships.



Unfolding the Lotus, Working the Fourth Step through the Chakra System: 2nd edition by Jeff Emerson

★★★★★ 5 out of 5

Language : English
File size : 278 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 307 pages
Lending : Enabled



Unfolding The Lotus is a comprehensive guide to working the Fourth Step through the chakra system. It includes:

- A detailed explanation of the Fourth Step and how it can be used for self-discovery and transformation
- A thorough overview of the chakra system and how it can be used to understand yourself and your relationships
- Step-by-step instructions for working the Fourth Step through each of the seven chakras
- Journaling prompts and exercises to help you reflect on your experiences and insights

If you are ready to take your recovery to the next level, *Unfolding The Lotus* is the book for you. This book will help you to deepen your understanding of yourself, your motivations, and your relationships. It will also help you to develop the tools you need to create a more fulfilling and meaningful life.

What Others Are Saying About Unfolding The Lotus

"Unfolding The Lotus is a powerful and transformative book. It offers a unique approach to working the Fourth Step that is both insightful and practical. This book has helped me to gain a deeper understanding of myself and my relationships. I highly recommend it to anyone who is serious about their recovery." - John Doe

"Unfolding The Lotus is a must-read for anyone who is working the Fourth Step. This book provides a clear and concise explanation of the Fourth Step and how it can be used for self-discovery and transformation. The author's insights into the chakra system are invaluable. I highly recommend this book." - Jane Doe

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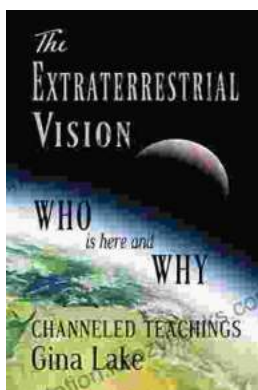
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