

Vastu Shastra You Should Try For Your House

Vastu Shastra is an ancient Indian system of architecture that aims to create harmonious and healthy living spaces. It is based on the belief that the universe is made up of five elements: earth, water, fire, air, and space. These elements are said to have a profound impact on our lives, and Vastu Shastra provides guidelines for how to design our homes in a way that promotes balance and well-being.

Vastu Shastra has been used for centuries to design homes, temples, and other buildings in India. It is based on the principles of symmetry, balance, and harmony. The aim of Vastu Shastra is to create a living space that is both aesthetically pleasing and conducive to good health and well-being.



Feng Shui Technique: Vastu Shastra You Should Try for Your House by George Lizos

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There are many different aspects to Vastu Shastra, but some of the most important include:

- **The orientation of the house:** The orientation of the house is said to have a significant impact on the flow of energy through the space. Ideally, the house should be oriented so that the main entrance faces east or north. This is said to promote good health, wealth, and prosperity.
- **The shape of the house:** The shape of the house is also said to be important in Vastu Shastra. Square or rectangular houses are considered to be the most auspicious. Houses with irregular shapes are said to be less auspicious and can lead to problems with health, wealth, and relationships.
- **The placement of rooms:** The placement of rooms in the house is also said to be important in Vastu Shastra. The kitchen should be located in the southeast corner of the house, as this is said to promote good health and wealth. The bedroom should be located in the southwest corner of the house, as this is said to promote restful sleep and good relationships.
- **The use of colors:** The use of colors in the house is also said to be important in Vastu Shastra. Bright and cheerful colors are said to promote happiness and well-being, while dark and dull colors are said to promote sadness and depression.

Vastu Shastra is a complex and multifaceted system, but it can be a valuable tool for creating a harmonious and healthy living space. By following the principles of Vastu Shastra, you can create a home that is both beautiful and conducive to good health and well-being.

Benefits of Vastu Shastra

There are many benefits to following the principles of Vastu Shastra in your home. Some of the benefits include:

- **Improved health:** Vastu Shastra is said to promote good health by creating a harmonious and balanced living space. This can lead to improved sleep, reduced stress, and a stronger immune system.
- **Increased wealth:** Vastu Shastra is also said to promote wealth and prosperity. This is said to be due to the fact that Vastu Shastra creates a space that is conducive to good business and financial success.
- **Improved relationships:** Vastu Shastra is also said to promote good relationships. This is said to be due to the fact that Vastu Shastra creates a space that is conducive to communication and understanding.
- **Increased happiness:** Vastu Shastra is also said to promote happiness and well-being. This is said to be due to the fact that Vastu Shastra creates a space that is both beautiful and comfortable.

If you are looking for ways to improve the health, wealth, relationships, and happiness in your life, then Vastu Shastra is a system that you should definitely consider.

How to Apply Vastu Shastra to Your Home

There are many different ways to apply Vastu Shastra to your home. Some simple ways to get started include:

- **Orient your house correctly:** The first step is to orient your house correctly. Ideally, the house should be oriented so that the main

entrance faces east or north. If this is not possible, then you can make adjustments to the interior of the house to compensate.

- **Use the correct colors:** The use of colors in your home can also have a significant impact on the flow of energy. Bright and cheerful colors are said to promote happiness and well-being, while dark and dull colors are said to promote sadness and depression. When choosing colors for your home, be sure to choose colors that make you feel happy and relaxed.
- **Place furniture and objects correctly:** The placement of furniture and objects in your home can also affect the flow of energy. For example, it is said that it is important to avoid placing large furniture in front of windows, as this can block the flow of natural light.
- **Keep your home clean and clutter-free:** A clean and clutter-free home is said to promote good energy flow. When you clean your home, be sure to get rid of any unnecessary items and to open the windows to let in fresh air.

By following these simple tips, you can begin to apply the principles of Vastu Shastra to your home. Over time, you may notice a positive change in the health, wealth, relationships, and happiness in your life.

Vastu Shastra is a powerful tool that can be used to create a harmonious and healthy living space. By following the principles of Vastu Shastra, you can create a home that is both beautiful and conducive to good health and well-being.

If you are interested in learning more about Vastu Shastra, there are many resources available online and in libraries. You can also find many Vastu

Shastra consultants who can help you to apply the principles of Vastu Shastra to your home.

Whether you are a believer in Vastu Shastra or not, there is no denying that it is a fascinating and complex system of architecture. By learning more about Vastu Shastra, you can gain a deeper understanding of the relationship between your home and your well-being.

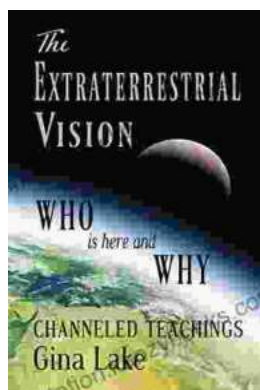


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