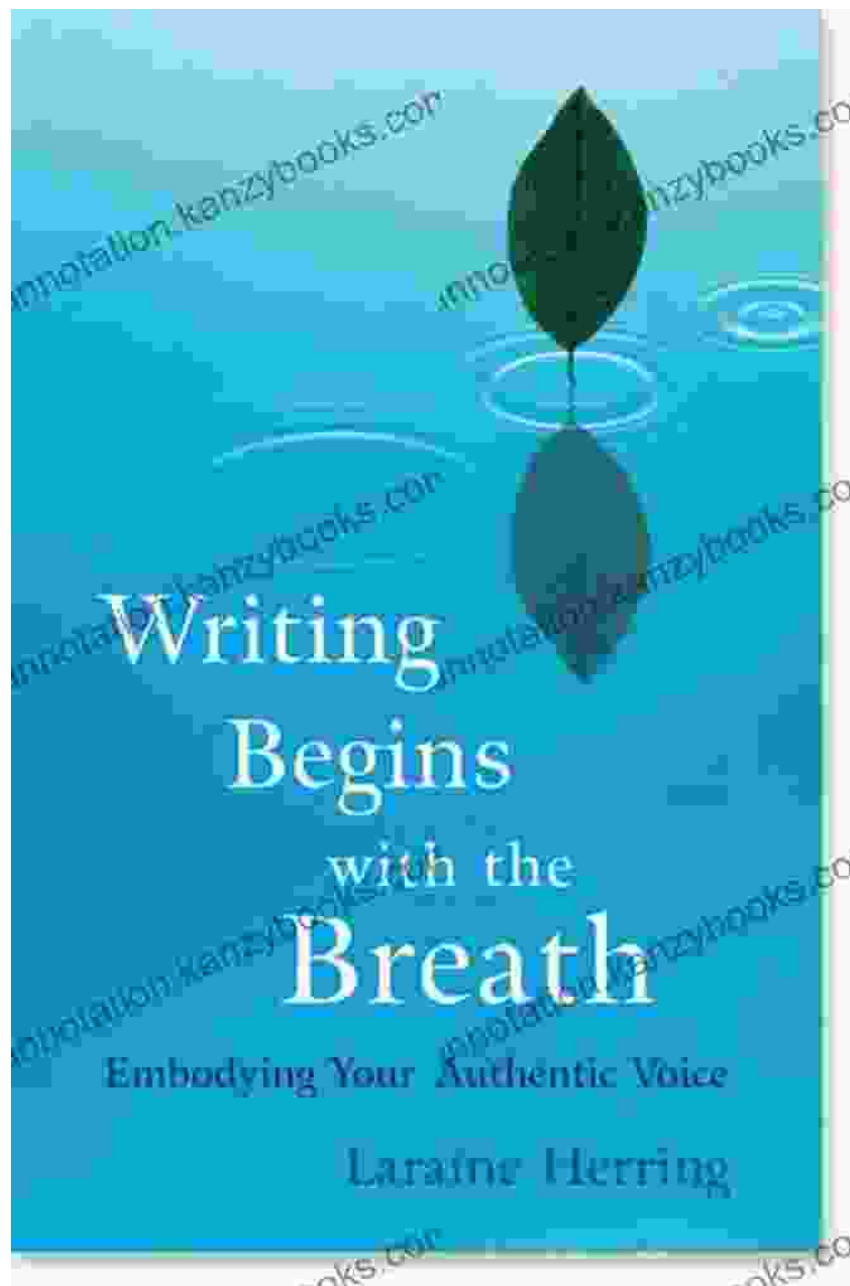
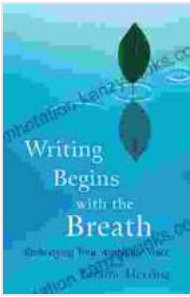


Writing Begins With The Breath: Embodying Authentic Voice





Writing Begins with the Breath: Embodying Authentic

Voice by Laraine Herring

★★★★☆ 4.6 out of 5

Language : English
File size : 514 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 190 pages



Writing Begins With The Breath: Embodying Authentic Voice

By Kristen Lamb

In this groundbreaking book, Kristen Lamb shows writers how to tap into their breath and their bodies to find their authentic voice and write with power and passion.

Lamb argues that writing is not just a mental activity, but a physical one as well. When we write from our bodies, we connect with our deepest selves and our most authentic voices. She offers a wealth of exercises and practices to help writers connect with their breath and their bodies, and to use their senses to create vivid and evocative writing.

Lamb also explores the importance of voice in writing. She argues that our voice is our unique way of seeing and experiencing the world, and that it is essential to finding our authentic voice as writers. She offers guidance on

how to develop our voice and use it to create writing that is both personal and powerful.

Writing Begins With The Breath is an essential guide for writers of all levels. It is a book that will help you find your authentic voice and write with power and passion.

Praise for Writing Begins With The Breath

"Kristen Lamb has written a groundbreaking book that will change the way writers think about writing. This book is full of practical exercises and insights that will help writers of all levels find their authentic voice and write with power and passion." - **Anne Lamott**, author of *Bird by Bird*

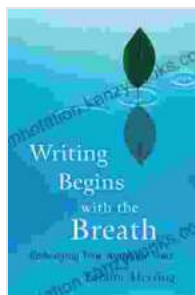
"Writing Begins With The Breath is a must-read for any writer who wants to find their authentic voice and write with power and passion. Kristen Lamb's insights and exercises are invaluable." - **Natalie Goldberg**, author of *Writing Down the Bones*

"Kristen Lamb's Writing Begins With The Breath is a powerful and inspiring book that will help you tap into your creativity and write from the depths of your being. This book is a must-read for any writer who wants to make their work more authentic, personal, and meaningful." - **Donald Miller**, author of *Blue Like Jazz*

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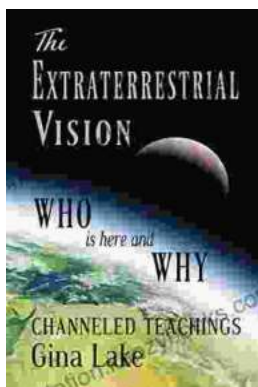


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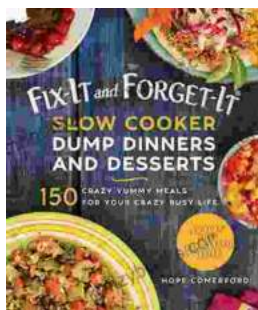
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